

IsaOmega Supreme®

The purest and most advanced omega 3's on the market today. It helps to promote heart health, joint health and brain development.

Reasons why IsaOmega Supreme is a superior product:

- Our exclusive formula contains one of the most concentrated sources of DHA and EPA omega-3 essential fatty acids available, which helps improve cardiovascular health and supports healthy cholesterol.
- IsaOmega Supreme meets the American Heart Association (AHA) recommendation to help provide outstanding cardiovascular protection. It helps reduce high triglycerides to reduce heart disease.
- IsaOmega Supreme is the purest fish oil supplement on the market today. Our fish oil is sourced from the deep, unpolluted waters of Norway and goes through a molecular distillation process that creates the most concentrated oil available. The end product is considered pharmaceutical grade.
- The omega-3 fatty acids in IsaOmega Supreme help promote healthy brain development as well as eye and joint health.
- No other product can compete with the quality of IsaOmega Supreme. Each batch is third-party tested to be free of 225 heavy metals (arsenic, lead, mercury, cadmium and iron), PCBs and dioxins.



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%
Vitamin E (as d-alpha tocopherol)	10 IU	33%
IsaOmega Supreme Concentrate**	2,040 mg	†
Total Omega-3 Fatty Acids	1,200 mg	†
EPA (Eicosapentaenoic Acid)	600 mg	†
DHA (Docosahexaenoic Acid)	480 mg	†
Other Omega-3 Fatty Acids	120 mg	
IsaOmega Proprietary 5 6 9 Complex	220 mg	†
Pomegranate seed oil (70% Omega 5), Evening Primrose seed oil (8% omega-6 GLA), Borage seed oil (15% omega-9), Organic Flax seed oil		

* Percent Daily Values are based on a 2,000 calorie diet.

** Proprietary concentrate of highly refined Norwegian fish oil (from anchovies and sardines)

† Daily Value not established.

Other Ingredients: Softgel (gelatin, glycerin and water) and IsaOmega Natural Antioxidant Complex (d-alpha and natural tocopherols, rosemary extract and ascorbyl palmitate) and natural lemon flavor.

Contains vitamin E derived from refined soybean oil.

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Frequently Asked Questions

What makes IsaOmega Supreme® unique?

Our exclusive formula for IsaOmega Supreme is based on the latest research on omega-3 fatty acids and is the most advanced fish oil on the market today*. It contains the most concentrated sources of DHA and EPA omega-3 essential fatty acids. Our fish oil is sourced from the deep, unpolluted waters of Norway, which then goes through a molecular distillation process that creates the most concentrated fish oil available. The end product is considered pharmaceutical grade. Each batch is third-party tested to confirm undetectable levels of heavy metals (arsenic, lead, mercury, cadmium and iron), PCBs and dioxins.

What are the benefits of IsaOmega Supreme?

IsaOmega Supreme reflects the findings of more than 900 clinical trials on the benefits of fish oil and omega fatty acids. Research shows that getting an appropriate amount of fish oil in your diet may offer amazing benefits to your heart, joints and possibly your hair, skin and nails.*

How does IsaOmega Supreme help my heart?

The American Heart Association (AHA) recommends eating fish (particularly fatty fish) at least two times a week. According to the AHA, omega-3 fatty acids benefit the heart of healthy people, and those at high risk of, or who have cardiovascular disease. Research reported by the AHA has shown that omega-3 fatty acids may reduce the risk of heart disease through:

- Decreasing the risk of arrhythmias, which can lead to sudden cardiac death
- Decreasing triglyceride levels
- Decreasing the growth rate of atherosclerotic plaque
- Lowering blood pressure (slightly)

What are EPA and DHA fatty acids and why are they important?

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are two types of omega-3 fatty acids found in fish such as mackerel, albacore tuna and salmon. These two fatty acids help prevent cardiovascular disease events, according to the American Heart Association. IsaOmega Supreme contains one of the highest levels of both EPA and DHA omega-3 fatty acids that is available on the market today.*

How does IsaOmega Supreme promote joint health?

Several studies have found that omega-3 fatty acids can help reduce inflammation in the joints*, reduce morning stiffness* and reduce the number of tender joints*. IsaOmega Supreme contains gamma-linolenic acid (GLA), an omega-6 fatty acid that's commonly deficient in the body and may support joint health.*

Will IsaOmega Supreme help people trying to lose weight?

Not all fats cause you to gain weight. Omega-3 fatty acids are rarely used for the purpose of energy storage. The body needs them for other purposes. Research shows a proper omega-3 to omega-6 balance may help with stabilizing insulin levels*, which will encourage fat loss.*

How much IsaOmega Supreme should I take?

For optimal health, Isagenix® recommends two softgels daily, as directed on the bottle. The two grams of fish oil provided in one dose of IsaOmega Supreme (two softgels) contains 1,200 milligrams of omega-3 fatty acids (600 milligrams EPA, 480 milligrams DHA, and 120 milligrams of other omega-3 fatty acids).

Is IsaOmega Supreme difficult to swallow or have a bad aftertaste?

IsaOmega Supreme is available in easy-to-swallow, lemon-flavored softgels.

Contact your Isagenix® Independent Associate:



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any diseases.